



7TH NATIONAL CONFERENCE OF WORLD ASSOCIATION FOR PSYCHOSOCIAL REHABILITATION INDIAN CHAPTER (WAPR-IC)

Jointly Organized by

**Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
(LGBRIMH), Tezpur, Assam, Pin-784001**

&

**World Association for Psychosocial Rehabilitation Indian Chapter
(WAPR-IC)**

17th-18th March, 2023

**Theme:
PROMOTING RIGHTS AND RECOVERY
IN MENTAL HEALTH**

Conference Venue: Auditorium, LGBRIMH, Tezpur, Assam

Conference Secretariat

Dr. Sobhana H

(Organizing Secretary), Associate Professor,

Dept. of Psychiatric Social Work, Academic Building, Fourth Floor, LGBRIMH, Tezpur

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Website: Please click on the link for details

https://www.lgbrimh.gov.in/wapric_conference.html





Message



Dr. C. Ramasubramanian
President(WAPR-IC)

Promoting Rights and Recovery in Mental Health

Ensuring mental health and well-being is a global imperative and one of the crucial targets of the Sustainable Development Goals (SDG). Although mental health is a fundamental human right, few countries have made tangible progress in making it a reality, which has also been compounded by inadequate engagement with this fundamental issue.

Mental health is the foundation for individual well-being and effective functioning of a community. WHO predicts that by 2020, mental illness will be the second largest illness worldwide surpassing cardiac illness. Globally, one in four persons will experience some form of mental illness at some point in their lives.

In India, according to the National Mental Health Survey (NMHS 2016) about 150 million people need acute mental health care and three out of every four persons with severe mental disorder experience significant disability at work, social and family life. However, only 20 percent of people with mental health conditions can access and avail timely and appropriate treatment.

Even in the 21st century, majority of people are ignorant about mental health services. Religious beliefs about mental health conditions effectively deter people with mental health conditions from accessing appropriate and timely services. As a result, an acute condition becomes chronic; a curable condition becomes incurable.

Mental health facilities in terms of the availability of mental health professionals and infrastructure (hospitals and beds) are very limited, mostly being concentrated in and around urban areas. A host of interrelated factors such as inaccessibility to mental health facilities, poverty, low levels of literacy, lack of awareness of mental health conditions, gender inequities, and inequalities, are barriers in appropriate health seeking behaviours.

Mental health conditions not only impact the persons affected but also their caregivers and families. Care giver burn out and compassion fatigue are important red flags. Stigma and discriminatory attitudes against persons with mental health conditions and families result in social isolation and financial burden for a caregiver. It also adversely impacts the affected person's employability. The recent COVID-19 pandemic has also caused steep and widespread anxiety and fear across the globe and we are already witnessing a cascade of psychosocial consequences affecting individuals and communities.

Hence, adopting a recovery and human rights approach is essential to change this status quo. A recovery approach gives a central place to the lived experiences of people with mental health conditions and their families. It values, validates, and acknowledges the enormous wisdom inherent in the lived experiences. It also empowers and enables individuals with mental illness and their families to advocate for their rights and entitlements through capacity building programmes.

Indeed, recovery and human rights are two sides of the same coin. This integrated approach promotes core human rights such as choice, respect, equity, equality, dignity (CREED), non-discrimination, legal rights, informed consent and inclusion, all of which are core principles enshrined in the Convention on the Rights of Persons with Disabilities.

I would like to reiterate that persons with disabilities, especially those with intellectual and psychosocial disability, are particularly subject to gross human rights violations in Low- and Middle-Income Countries. Women and girls with psychosocial and intellectual disabilities are particularly subject to human rights violations and harmful practices in mental health settings such as forced contraception, hysterectomy, abortion and sterilization. So how do we evolve a comprehensive human rights and recovery centric strategy that offers transformative pathways to end institutionalization? Also, how do we navigate towards a community-based rehabilitation approach that values and respects the needs and concerns of people with mental health conditions and their families?

All these concerns are indicative of an imperative need for a powerful forum to address the mental health needs of the community with sensitivity and informed perspectives that are context specific and culturally relevant. I believe that the World Association for Psychosocial Rehabilitation Indian Chapter (WAPR IC) is the appropriate forum to spearhead such impactful initiatives for the cause of mental health for all. I am delighted to place on record that WAPR members have been addressing these issues with comprehensive strategic interventions such as conducting a series of sensitization programmes, improved infrastructure, treatment facilities and suitable amendments in policy to address the psychosocial rehabilitation of persons with mental illness.

I take this opportunity to record my deep gratitude to the members of WAPR IC for their sense of commitment and compassion towards the welfare of persons with mental disability which has offered a great sense of hope among persons with mental illness and their families. In this context, families too need to be sensitized to human rights perspective in mental health and the importance of families being a key stakeholder in spearheading psychosocial rehabilitation efforts and initiatives.

I envisage that increasing the WAPR IC membership as well as expanding its representation to all states in India will definitely make the WAPR IC a powerful movement at the national level in India in addressing the needs and concerns of family members and caregivers of persons with mental illness.

So, this is the time when we should all awake, arise and work in solidarity to alleviate the pain and anguish of persons with mental illness and their families. We need to reiterate and help them internalize that a mental health diagnosis is only a semicolon; a pause; It is not a full stop.

I hope the Seventh National Conference of the World Association for Psychosocial Rehabilitation Indian Chapter in the picturesque state of Assam in India be a momentous occasion in ushering comprehensive, effective and efficient mental health care system in India.

I congratulate the organizers for their effective effort for making this conference a grand success.

Dr. C. Ramasubramanian

President, World Association for Psychosocial Rehabilitation (WAPR-IC)

Regional Vice President, South East Asia, (WAPR)



Message



Dr. H Chandrashekar
Secretary WAPR-IC

Greetings from the World Association for Psychosocial Rehabilitation Indian Chapter (WAPR-IC). I invite you all to the seventh National Conference at Tezpur, the oldest city in the state of Assam, also called the Cultural Capital of Assam.

The theme of this year's conference is '**Promoting Rights and Recovery in Mental Health**' which highlights the needs of persons with mental illness and their right to quality care. The scientific committee has carefully thought this out to address the new era of challenges and changes in the field of psychosocial rehabilitation. We are going to provide an academic feast with national and international faculty. We look forward to hosting you in person from the 17th to the 18th of March 2023.

Looking forward to meeting you.

Warm Regards,

Dr H Chandrashekar

Secretary WAPR-IC



Dr. S. K. Deuri
Director LGBRIMH
Organizing Chairperson



Dr. Sobhana H
Organizing Secretary

The 7th National Conference of the World Association for Psychosocial Rehabilitation Indian Chapter (WAPR-IC) is going to be held on the 17th and 18th of March 2023 at Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH), Tezpur, Assam. We extend a warm welcome to all on behalf of the organizing committee of the conference and LGBRIMH.

Psychosocial rehabilitation is considered to be an essential component of the mental health care services. It is an exclusive domain of multidisciplinary teams engaged in the care and treatment of persons with mental health issues. Therefore, it will be a great opportunity for the professionals and others involved in psychosocial rehabilitation to come together in this forum and discuss the latest scientific and experiential learning.

The theme of this year's conference is 'Promoting Rights and Recovery in Mental Health', which highlights the needs of persons with mental illness and their right to quality care. We hope that there will be stimulating discussions and thought-provoking ideas will emerge out of this conference to enrich our quest for quality rights of persons with mental illness.

LGBRIMH is an autonomous tertiary care mental health institute under the Government of India. This institute has a legacy of 146 years of care and treatment of persons with mental illness. It is located in the beautiful Tezpur town of Assam.

Tezpur is an attractive tourist destination with many archeological remains by the bank of the mighty Brahmaputra. It is in the vicinity of the Himalayan foothill towns of Tawang of the famous Tawang Monastery, Dirang Kiwi Orchards, and Bhalokpong, the town that battled the Indo-China war in 1962. Kaziranga National Park, Pakke Tiger Reserve, and Laokhowa Wildlife Sanctuary are located within a few hours' distance from the venue. It is surrounded by beautiful landscapes created by the vast expanse of the green paddy fields and the sprawling tea gardens.

We look forward to your presence and participation, and hope it will etch evergreen memories to cherish.



World Association for Psychosocial Rehabilitation (WAPR)

“A global NGO in advocacy for people experiencing mental illness”

About WAPR: It is an international association composed of interdisciplinary mental health professionals (psychiatrists, clinical psychologists, psychiatric nurses, psychiatric social workers, occupational therapists, social educators, etc.) and people with lived experiences (persons with mental illness and their family members), from different parts of the world. The primary mission of WAPR is to focus on the psychosocial rehabilitation and recovery of persons with mental illness. The association acknowledges the experiences of people who have lived through mental health issues and therefore considers service users and family members as important pillars of knowledge. Based on the consensus jointly endorsed by WHO/WAPR (1996), psychosocial rehabilitation has been defined as the process that facilitates the opportunity for individuals impaired, disabled, or handicapped by mental disorders to reach an optimal level of functioning in the community. Hence, the focus is on, both improving competencies of people with mental illness and facilitating environmental changes to improve their quality of life.

The Indian Chapter of WAPR was started in the year 1989 by Dr. Sharda Menon, and its first president was Dr. P. S. Gopinath. Since the beginning of the association in our nation, the main agenda has been to provide all stakeholders a platform to voice their opinions and concerns regarding the psychosocial rehabilitation of individuals with mental illness. WAPR Indian chapter plays a pivotal role in advocating the rights of persons with mental illness and strives to develop policies that improve psychosocial rehabilitation in the country. The association is spread across India and regularly conducts training for mental health professionals and organizes awareness programmes in psychosocial rehabilitation.

About LGBRIMH: Located in the Northeastern city of Tezpur, Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH) is a premier institution for mental health in India. Established as Tezpur Lunatic Asylum by the British in 1876, the institute was rechristened as Tezpur Mental Hospital in the year 1922. The hospital services grew exponentially after independence when it was brought under the Government of Assam. The hospital was handed over to the North Eastern Council in the year 1999, and was upgraded to the status of a regional institute to enhance mental health services and train human resources, thereafter, renamed as “Lokopriya Gopinath Bordoloi Regional Institute of Mental Health.” It continued on the path of development and is now considered as one of the leading institutions in the field of mental health in India. Currently, the institute provides an entire array of mental health services, including the specialized branches of Child and Adolescent psychiatry, Addiction Psychiatry and Geriatric Mental Health. LGBRIMH imparts manpower training in the form of post graduate courses in the field of mental health such as MD in Psychiatry, M.Phil. in Clinical Psychology and Psychiatric Social Work, M.Sc. in Psychiatric Nursing and Masters in Medical Laboratory Sciences. The institute also offers PhD courses in several disciplines related to mental health.



WAPR-IC OFFICE BEARERS

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Vice President and International Board Member, WAPR

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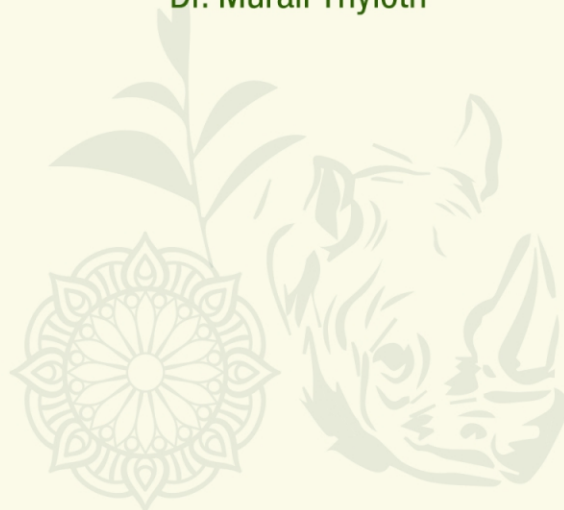
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Dr. VK. Radhakrishnan

Immediate Past President, WAPR

Dr. Murali Thyloth





Organizing Committee

Organizing Chairperson

Dr. S. K. Deuri

Organizing Secretary

Dr. Sobhana H

Treasurer

Dr. Vijay Gogoi

Scientific Committee

Dr. Priyadarshee Abhishek (Chairperson)
Dr. Diptadhi Mukherjee (Convener)
Dr. Mathew Varghese (VP, WAPR IC)
Dr. H. Chandrashekar (Hon. Secretary, WAPR IC)
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Ms. Eepsita Sarma
Ms. Amina Ahmed
Ms. Barsha Sensua
Ms. Pinky Chetia

Transportation & Accommodation

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Dr. Ankur Jyoti Borah (Convener)
Dr. Elamurugu M
Dr. Vikas Punia
Dr. Suranjita Mazumdar
Dr. Bipul Sharma
Dr. Bikram Sutradhar
Mr. Utpal Borah (PT)
Ms. Sucheta Roy
Mr. Fayaz Ahmad Paul

Reception and Ceremonies

Dr. Arunjyoti Baruah (Chairperson)
Dr. Bondana Timungpi (Convener)
Dr. Juhi Gupta
Ms. Atherine Horo
Ms. Mamta Rani Swain
Ms. L. Iris Devi

Registration

Dr. Nurnahar Ahmed (Chairperson)
Dr. Siddeswara B. L. (Convener)
Dr. Binita Talukdar
Mr. Vivek Sharma
Dr. Pomi Mahanta
Ms. Shyamalee Borah
Ms. Royina Mahanta

Venue

Dr. Vijay Gogoi (Chairperson)
Mr. Sandeep Kollipara (Convener)
Dr. Priyadarshee Abhishek

Dr. B. Surchandra Sharma
Dr. Chanamthabam Padmini Roy
Ms. Marinella Humstoe
Mr. Nirmal Basumatary (eng cell)
Mr. Manjul Bhattacharya (eng cell)
Mr. Utpal Bora (Computer Programmer)
Mr. Robin Borkakoti
Ms. Monaspika Das

Food, Catering & Banquet

Dr. Soumik Sengupta (Chairperson)
Dr. Subhashish Nath (Convener)
Dr. Kunal Deb
Dr. Indrajit Banerjee
Mr. Gautham (PT)
Mr. Dhanjit Barkakoti
Ms. Rini Gogoi
Ms. Rituporna Dhar
Ms. Rinki Ghosh

Publicity & PR

Dr. Sonia Pereira Deuri (Chairperson)
Dr. Jadab Phuken (Convener)
Dr. Jayanta Das
Mr. Mrinal Sarma
Mr. Mridul Sahariya
Ms. Nibedita Sarkar
Mr. Mrinal Basumatary

Souvenir

Dr. Priya Saxena (Chairperson)
Dr. Diptarup Chowdhury (Convener)
Dr. Vikas Punia
Mrs. Buli Nag Daimari
Ms. Sabana N Islam
Ms. Tama Dey

Finance

Dr. Vijay Gogoi (Chairperson)
Dr. Soumik Sengupta (Convener)

Cultural

Dr. Pradip Kumar Sarma (Chairperson)
Dr. Kunjalata Gogoi (Convener)
Ms. Lakshyahira Borah
Ms. Ananya Bordoloi



Sub-Themes

- Use of Digital technologies in rehabilitation
- Assistive technology in psychosocial rehabilitation
- Vocational rehabilitation for people with severe mental illness
- Community based rehabilitation services
- Evolving praxis in rehabilitation
- Lived experience and policy development in psychosocial rehabilitation
- Challenges for psychosocial rehabilitation services in India
- Family and psychosocial rehabilitation
- Cognitive rehabilitation in Mental Illness
- Role of the NGOs in Psychosocial Rehabilitation
- Innovative models in psychiatric rehabilitation
- Psychosocial rehabilitation for the vulnerable during the time of pandemic
- Psychosocial rehabilitation for persons with mental illness in Northeast India
- Mental Health of immigrants and refugees: Indian Scenario
- MHCA, 2017 in relation to rehabilitation of persons with mental illness
- Caregiving in geriatric mental health
- Maternal mental health and caregiving issues
- Rehabilitation in Substance Use Disorder

Key Features

State-of-the-art lectures
Keynote presentations by renowned speakers
Paper & Poster presentations
Interactive sessions and symposiums
Hands-on workshops
Platform for networking and connecting with the global scientific community

Five reasons to attend

- Opportunity** to attend the lectures/presentations of experts known worldwide in the field of psychosocial rehabilitation
- Learning** new frameworks and skills
- Excellent** networking possibility
- Discussions** with the experts in the interactive sessions
- Experience** the serenity and wildlife of Assam



REGISTRATION TARIFF

WAPR-IC Conference, March 2023

LGBRIMH, Tezpur

- Registration is Mandatory for all participants.
- Students should produce a studentship certificate from the Head of their department at the registration counter on the day of the conference.
- Accompanying children below 5 years are exempted from registration.
- Only cash or Google Pay will be accepted during Spot Registration.

CATEGORIES		Early bird 31st December 2022	1st January to 31st January 2023	1st February to Spot Registration	
CAT 1	Member	Consultant and Faculty	Rs. 4000	Rs. 4500	Rs. 5000
CAT 2	Non Member		Rs. 4500	Rs. 5000	Rs. 5500
CAT 3	Member	Clinical Psychologists, PSWs, Psychiatric Nurses, Occupational Therapists	Rs. 3000	Rs.3500	Rs. 4000
CAT 4	Non Member		Rs.3500	Rs. 4000	Rs 4500
CAT 5	Students / Service users / NGO Personnel		Rs. 2500	Rs. 3000	Rs. 3500
CAT 6	Accompanying Person		Rs. 3000	Rs. 3500	Rs. 4000

Registration amount includes the processing charges for online payment.

Registration Fee Includes

Registration Kit (not confirmed for spot registration), Participation in Scientific sessions, Lunch and Dinner, Souvenir. Only one accompanying person is entitled to accompanying person kit against one delegate.

Refund Policy

All requests for cancellation of registration and refund must be made by the delegate through email before 28th Feb 2023. A cancellation fee of 20% will be deducted from the amount received by the organizers.

Registrations can be done either by scanning the QR code or through the link given below.



Registration URL

<https://in.explara.com/e/wapric-lgbrimh>



Call for Abstract Submissions (Papers/ Posters/Symposia/Workshops)

Abstracts for Free papers, Posters & Proposal for Symposium and Workshops are invited from the members and non-members of the society. All abstracts are to be submitted online through the abstract portal only.

Last date for Acceptance

Categories	Cut Off Dates	Details
Abstracts of Papers & Posters	15-01-23	To be submitted only via the email address provided (scomwapr@gmail.com)
Proposals for Symposia & Workshops	15-01-23	

Guidelines for Abstract Submission (Free papers/Symposium/Workshops/Poster Presentations)

- Abstracts for free papers/symposium/workshops/poster presentations are to be sent to Dr. P.Abhishek, Chairperson, Scientific Committee, WAPR Conference- Indian Chapter 2023, (scomwapr@gmail.com). **Last date for abstract submission-15.01.2023.**
- Please specify the category of presentation- Free Papers / Symposium / Workshops / Posters in your communication.

Rules for Free Papers

For free papers, the abstract should be written within 250 words in a structured format (background, aims, methods, results and conclusion). The presenting author will be the contact person for all the correspondence about the presentation.

Rules for Symposium/Workshops

For workshops and symposium, the topic should be related to the theme or sub-themes of the conference. The abstract should briefly mention the objective of the workshop/symposium including the details of presenting authors.

Rules for Posters

For poster presentation, the abstract should be written within 250 words in a structured format. An area of 100 cm (height) × 50 cm (width) will be provided for presentation. The poster should have aim & objectives, methodology, results, & conclusion. Charts and drawings should have self-explanatory titles. Posters should be printed by the authors.

- All the abstracts should be written in English (Times New Roman font).



Programme Schedule (Tentative)

Day 1 (17.03.2023) Friday

Time	Session
08.00 AM ONWARDS	Registration
09.00-9.30 AM	Invited Lecture-1
09.30-10.00 AM	Invited Lecture-2
10.00-11.00 AM	Inauguration
11.00-11.30 AM	High Tea
11.30 AM-1.00 PM	Theme Symposium
01.15 -02.00 PM	Lunch
02.00- 02.30 PM	Invited Lecture-3
02.30 - 04.00 PM	Parallel Scientific Session/Poster Presentations
04.00- 04.15 PM	Tea Break
04.15 - 05.15 PM	Concurrent Workshops/Symposium
7.00 PM ONWARDS	Cultural Programme followed by Banquet

Day 2 (18.03.2023) Saturday

Time	Session
08.30-10.00 AM	Parallel Scientific Session/Poster presentation
10.00-11.00 AM	Symposium
11.00-11.15 AM	Tea-break
11.15 AM-12.15 PM	Panel Discussion
12.15 -12.45 PM	Invited Lecture 4
12.45-01.15 PM	Invited Lecture 5
01.15 -02.00 PM	Lunch
02.00-02.30 PM	Invited Lecture 6
02.30-04.00 PM	Concurrent Workshop
04.00- 05.00 PM	Valedictory Function
05.00 PM	High Tea



Welcome to Tezpur

The City of Eternal Romance

LOCATION

Tezpur is located approximately 180 km in the northeastern direction from Guwahati. The most convenient way to reach Tezpur from other parts of the country is via Guwahati. It takes approximately 4 hours to reach Tezpur from Guwahati by road.

The 'LGB International Airport' in Guwahati is the nearest airport and is well connected to other parts of the country. Various cab services and shared taxis are available from the airport. Besides this, both private and state-run bus services operate daily from Guwahati to Tezpur. Bus services can be availed from the ISBT bus stand, Paltan-bazar bus stand, Jalukbari bus stand, and Khanapara bus stand in Guwahati. If one is traveling by train, Guwahati (either Paltanbazar or Kamakhya railway station) is the most convenient railway station. The nearest railway stations to Tezpur are Rangapara Junction (about 30 km), Silghat (about 25 km) and Dekargaon (about 10 km) railway stations.

For local transportation within Tezpur, auto-rickshaws and e-rickshaws can be hired.

Places to visit in around Tezpur

The town harbours rich heritage of enchanting nature, history, archaeology, mythology and culture. Some must visit places of Tezpur are Agnigarh, Mahabhairab Mandir, Da-Parbatia, Bamuni Hills, Chitralkha/Cole park, Maithan, Bhomoraguri/kolia bhumura setu, Haleswar temple etc. Nearby Tezpur, enchanting places to visit are Bhalukpong, Nameri National Park, Orang National Park, Kaziranga National Park etc.





Accommodation

Campus Accommodation is limited and will be given on a 'first come first served' basis in the Visitor's hostel at a minimum charge as per the LGBRIMH rules. **To book please click here**

<https://forms.gle/cGJrXBYcWcx4yRdY6>

Here are the details of the best possible options for accommodations available in Tezpur. Please get in touch with the hotels for booking at the earliest. Further details on accommodation can be accessed through

https://www.lgbrimh.gov.in/wapric_conference.html

Sl. No.	Name of the Hotel	Mobile Number	Email Id
1	The Greenwood Hotel, Tezpur	8811072216	om.gwt@thegreenwoodhotels.com
2	KRC Palace, Tezpur	7002948900	frontdesk@krcgroup.org
3	Centre Point	9854000108	hotelcentrepoint.tez@gmail.com
4	Hotel Welkin Residency	9435590444	hotelwelkinresidency@gmail.com
5	LGBRIMH Visitor's Hostel	8825022855	talgbrimhconference@gmail.com
6	Prashanti Tourist Lodge	3712221016	touristlodgetezpur@gmail.com
7	Heritage, Tezpur	8486034951	tezpurheritage94@gmail.com
8	Hotel Park	7896666205	hotelparktezpur@gmail.com

