



# 7<sup>TH</sup> NATIONAL CONFERENCE OF WORLD ASSOCIATION FOR PSYCHOSOCIAL REHABILITATION - INDIAN CHAPTER (WAPR-IC)

**17<sup>th</sup> -18<sup>th</sup> March, 2023**



Jointly Organized by  
**Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
(LGBRIMH), Tezpur, Assam**  
&  
**World Association for Psychosocial Rehabilitation - Indian Chapter  
(WAPR-IC)**

**Theme: \_\_\_\_\_**  
**PROMOTING RIGHTS AND RECOVERY  
IN MENTAL HEALTH**

**Conference Venue: Auditorium, LGBRIMH, Tezpur, Assam**

**Conference Secretariat**

**Dr. Sobhana H.**

(Organizing Secretary), Associate Professor,

Dept. of Psychiatric Social Work, Academic Building, Fourth Floor, LGBRIMH, Tezpur







## Message

**Dr. C. Ramasubramanian**  
**President (WAPR-IC)**

### **Promoting Rights and Recovery in Mental Health**

Ensuring mental health and well-being is a global imperative and one of the crucial targets of the Sustainable Development Goals (SDG). Although mental health is a fundamental human right, few countries have made tangible progress in making it a reality, which has also been compounded by inadequate engagement with this fundamental issue.

Mental health is the foundation for individual well-being and effective functioning of a community. WHO predicts that by 2020, mental illness will be the second largest illness worldwide surpassing cardiac illness. Globally, one in four persons will experience some form of mental illness at some point in their lives.

In India, according to the National Mental Health Survey (NMHS 2016) about 150 million people need acute mental health care and three out of every four persons with severe mental disorder experience significant disability at work, social and family life. However, only 20 percent of people with mental health conditions can access and avail timely and appropriate treatment.

Even in the 21st century, majority of people are ignorant about mental health services. Religious beliefs about mental health conditions effectively deter people with mental health conditions from accessing appropriate and timely services. As a result, an acute condition becomes chronic; a curable condition becomes incurable.

Mental health facilities in terms of the availability of mental health professionals and infrastructure (hospitals and beds) are very limited, mostly being concentrated in and around urban areas. A host of interrelated factors such as inaccessibility to mental health facilities, poverty, low levels of literacy, lack of awareness of mental health conditions, gender inequities, and inequalities, are barriers to appropriate health seeking behaviours.

Mental health conditions not only impact the persons affected but also their caregivers and families. Care giver burn out and compassion fatigue are important red flags. Stigma and discriminatory attitudes against persons with mental health conditions and families result in social isolation and financial burden for a caregiver. It also adversely impacts the affected person's employability. The recent COVID-19 pandemic has also caused steep and widespread anxiety and fear across the globe and we are already witnessing a cascade of psychosocial consequences affecting individuals and communities.

Hence, adopting a recovery and human rights approach is essential to change this status quo. A recovery approach gives a central place to the lived experiences of people with mental health conditions and their families. It values, validates, and acknowledges the enormous wisdom inherent in the lived experiences. It also empowers and enables individuals with mental illness and their families to advocate for their rights and entitlements through capacity building programmes.

Indeed, recovery and human rights are two sides of the same coin. This integrated approach promotes core human rights such as choice, respect, equity, equality, dignity (CREED), non-discrimination, legal rights, informed consent and inclusion, all of which are core principles enshrined in the Convention on the Rights of Persons with Disabilities.

I would like to reiterate that persons with disabilities, especially those with intellectual and psychosocial disability, are particularly subject to gross human rights violations in Low and Middle-Income Countries. Women and girls with psychosocial and intellectual disabilities are particularly subject to human rights violations and harmful practices in mental health settings such as forced contraception, hysterectomy, abortion and sterilization. So how do we evolve a comprehensive human rights and recovery centric strategy that offers transformative pathways to end institutionalization? Also, how do we navigate towards a community-based rehabilitation approach that values and respects the needs and concerns of people with mental health conditions and their families?

All these concerns are indicative of an imperative need for a powerful forum to address the mental health needs of the community with sensitivity and informed perspectives that are context specific and culturally relevant. I believe that the World Association for Psychosocial Rehabilitation Indian Chapter (WAPR-IC) is the appropriate forum to spearhead such impactful initiatives for the cause of mental health for all. I am delighted to place on record that WAPR members have been addressing these issues with comprehensive strategic interventions such as conducting a series of sensitization programmes, improved infrastructure, treatment facilities and suitable amendments in policy to address the psychosocial rehabilitation of persons with mental illness.

I take this opportunity to record my deep gratitude to the members of WAPR-IC for their sense of commitment and compassion towards the welfare of persons with mental disability which has offered a great sense of hope among persons with mental illness and their families. In this context, families too need to be sensitized to human rights perspective in mental health and the importance of families being a key stakeholder in spearheading psychosocial rehabilitation efforts and initiatives.

I envisage that increasing the WAPR-IC membership as well as expanding its representation to all states in India will definitely make the WAPR-IC a powerful movement at the national level in India in addressing the needs and concerns of family members and caregivers of persons with mental illness.

So, this is the time when we should all awake, arise and work in solidarity to alleviate the pain and anguish of persons with mental illness and their families. We need to reiterate and help them internalize that a mental health diagnosis is only a semicolon; a pause; it is not a full stop.

I hope the Seventh National Conference of the World Association for Psychosocial Rehabilitation Indian Chapter in the picturesque state of Assam in India be a momentous occasion in ushering comprehensive, effective and efficient mental health care system in India.

I congratulate the organizers for their effective effort for making this conference a grand success.

**C. Ramasubramanian**  
**President, World Association for Psychosocial Rehabilitation-Indian Chapter (WAPR-IC)**  
**Regional Vice President, South East Asia, (WAPR)**







## Message

**Dr. H. Chandrashekar**  
**Secretary WAPR-IC**

Greetings from the World Association for Psychosocial Rehabilitation - Indian Chapter (WAPR-IC). I invite you all to the Seventh National Conference at Tezpur, the oldest city in the state of Assam, also called the Cultural Capital of Assam.

The theme of this year's conference is **'Promoting Rights and Recovery in Mental Health'**, which highlights the needs of persons with mental illness and their right to quality care. The scientific committee has carefully thought this out to address the new era of challenges and changes in the field of psychosocial rehabilitation. We are going to provide an academic feast with national and international faculty. We look forward to hosting you in person from 17<sup>th</sup> to 18<sup>th</sup> of March 2023.

Looking forward to meeting you.

**Warm Regards,**  
**H. Chandrashekar**  
**Secretary, WAPR-IC**

## INVITATION



**Dr. S. K. Deuri**  
**Director LGBRIMH**  
**Organizing Chairperson**



**Dr. Sobhana H.**  
**Organizing Secretary**

The 7<sup>th</sup> National Conference of the World Association for Psychosocial Rehabilitation Indian Chapter (WAPR-IC) is going to be held on the 17<sup>th</sup> and 18<sup>th</sup> of March 2023 at Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH), Tezpur, Assam. We extend a warm welcome to all on behalf of the organizing committee of the conference and LGBRIMH.

Psychosocial rehabilitation is considered to be an essential component of the mental health care services. It is an exclusive domain of multidisciplinary teams engaged in the care and treatment of persons with mental health issues. Therefore, it will be a great opportunity for the professionals and others involved in psychosocial rehabilitation to come together in this forum and discuss the latest scientific and experiential learning.

The theme of this year's conference is 'Promoting Rights and Recovery in Mental Health', which highlights the needs of persons with mental illness and their right to quality care. We hope that there will be stimulating discussions and thought-provoking ideas will emerge out of this conference to enrich our quest for quality rights of persons with mental illness.

LGBRIMH is an autonomous tertiary care mental health institute under the Government of India. This institute has a legacy of 146 years of care and treatment of persons with mental illness. It is located in the beautiful Tezpur town of Assam.

Tezpur is an attractive tourist destination with many archeological remains by the bank of the mighty Brahmaputra. It is in the vicinity of the Himalayan foothill towns of Tawang of the famous Tawang Monastery, Dirang Kiwi Orchards, and Bhalokpong, the town that battled the Indo-China war in 1962. Kaziranga National Park, Pakke Tiger Reserve, and Laokhowa Wildlife Sanctuary are located within a few hours' distance from the venue. It is surrounded by beautiful landscapes created by the vast expanse of the green paddy fields and the sprawling tea gardens.

We look forward to your presence and participation, and hope it will etch evergreen memories to cherish.





## World Association for Psychosocial Rehabilitation (WAPR)

*“A global NGO in advocacy for people experiencing mental illness”*

**About WAPR:** It is an international association composed of interdisciplinary mental health professionals (psychiatrists, clinical psychologists, psychiatric nurses, psychiatric social workers, occupational therapists, social educators, etc.) and people with lived experiences (persons with mental illness and their family members), from different parts of the world. The primary mission of WAPR is to focus on the psychosocial rehabilitation and recovery of persons with mental illness. The association acknowledges the experiences of people who have lived through mental health issues and therefore considers service users and family members as important pillars of knowledge. Based on the consensus jointly endorsed by WHO/WAPR (1996), psychosocial rehabilitation has been defined as the process that facilitates the opportunity for individuals impaired, disabled, or handicapped by mental disorders to reach an optimal level of functioning in the community. Hence, the focus is on, both improving competencies of people with mental illness and facilitating environmental changes to improve their quality of life.

The Indian Chapter of WAPR was started in the year 1989 by Dr. Sharda Menon, and its first president was Dr. P. S. Gopinath. Since the beginning of the association in our nation, the main agenda has been to provide all stakeholders a platform to voice their opinions and concerns regarding the psychosocial rehabilitation of individuals with mental illness. WAPR Indian chapter plays a pivotal role in advocating the rights of persons with mental illness and strives to develop policies that improve psychosocial rehabilitation in the country. The association is spread across India and regularly conducts training for mental health professionals and organizes awareness programmes in psychosocial rehabilitation.

**About LGBRIMH:** Located in the Northeastern city of Tezpur, Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH) is a premier institution for mental health in India. Established as Tezpur Lunatic Asylum by the British in 1876, the institute was rechristened as Tezpur Mental Hospital in the year 1922. The hospital services grew exponentially after independence when it was brought under the Government of Assam. The hospital was handed over to the North Eastern Council in the year 1999, and was upgraded to the status of a regional institute to enhance mental health services and train human resources, thereafter, renamed as “Lokopriya Gopinath Bordoloi Regional Institute of Mental Health.” It continued on the path of development and is now considered as one of the leading institutions in the field of mental health in India. Currently, the institute provides an entire array of mental health services, including the specialized branches of Child and Adolescent psychiatry, Addiction Psychiatry and Geriatric Mental Health. LGBRIMH imparts manpower training in the form of post graduate courses in the field of mental health such as MD in Psychiatry, M.Phil. in Clinical Psychology and Psychiatric Social Work, M.Sc. in Psychiatric Nursing and Masters in Medical Laboratory Sciences. The institute also offers PhD courses in several disciplines related to mental health.







## **7<sup>th</sup> National Conference of World Association for Psychosocial Rehabilitation-Indian Chapter**

**Gabriele Rocca**  
President, WAPR

**V. K. Radhakrishnan**  
Secretary General, WAPR

**Murali Thyloth**  
Immediate Past President, WAPR

**C. Ramasubramanian**  
President, WAPR-IC and Vice President, South East Asia Region, WAPR

**H. Chandrashekar**  
Secretary, WAPR-IC

**Mathew Varghese**  
Vice President, WAPR-IC and International Board Member, WAPR

**Alok Sarin**  
Assoc. Vice President, WAPR-IC

**Suseela Mathew**  
Assoc. Vice President, WAPR-IC

**M.S. Vasudeva Murthy**  
Treasurer, WAPR-IC

**B. R. Ravi Shankar Rao**  
Editor, WAPR-IC and Deputy Vice President, South East Asia Region, WAPR





# Organizing Committee

Organizing Chairperson  
Dr. S. K. Deuri

Organizing Secretary  
Dr. Sobhana H.

Treasurer  
Dr. Vijay Gogoi



## Patrons

**Dr. Karuna Hazarika**  
Principal and Chief  
Superintendent, Tezpur  
Medical College and Hospital  
(TMCH), Tezpur

**Shri Deba Kumar Mishra**  
Deputy Commissioner,  
Sonitpur District, Tezpur,  
Assam

**Shri Sushanta Biswa  
Sarua**  
Superintendent of Police,  
Sonitpur District, Tezpur,  
Assam

**Dr. J. Ahmed**  
Joint Director Health Services,  
Sonitpur District, Tezpur,  
Assam

**Dr. Pradip Kumar Bora**  
Director, NERIWALM

## Advisors

**Dr. Biren Das**  
Registrar, Tezpur University,  
Tezpur, Assam

**Smt. Kabita Phango**  
District Social Welfare  
Officer, Sonitpur District,  
Tezpur, Assam

**Dr. Soumitra Ghosh**  
Professor & Head  
Department of Psychiatry,  
TMCH, Tezpur

**Dr. Anil Ch. Sarua**  
Former Medical  
Superintendent, LGBRIMH,  
Tezpur

**Dr. Aparajita Baruah**  
Professor and Former Head,  
Department of Psychiatry,  
LGBRIMH, Tezpur, Assam

**Dr. Sonia P Deuri**  
Professor and Head,  
Department of Psychiatric  
Social Work, LGBRIMH,  
Tezpur, Assam

**Dr. Arunjyoti Baruah**  
Professor and Head,  
Department of Psychiatric  
Nursing, LGBRIMH, Tezpur  
Assam

**Dr. Kangkan Pathak**  
Professor and Head,  
Department of Psychiatry,  
LGBRIMH, Tezpur, Assam

**Dr. Priya Saxena**  
Associate Professor and  
Head, Department of Clinical  
Psychology, LGBRIMH,  
Tezpur, Assam

## Reception & Ceremonies

Arunjyoti Baruah (Chairperson)  
Bondana Timungpi (Convenor)  
Juhi Gupta  
Atherine Horo  
Mamta Rani Swain  
L. Iris Devi

## Registration

Nurnahar Ahmed (Chairperson)  
Siddeswara B. L. (Convenor)  
Binita Talukdar  
Vivek Sharma  
Pomi Mahanta  
Shyamalee Borah  
Royina Mahanta

## Scientific Committee

Priyadarshee Abhishek (Chairperson)  
Diptadhi Mukherjee (Convenor)  
Mathew Varghese (VP, WAPR IC)  
H. Chandrashekar (Hon. Secretary, WAPR IC)  
B.R. Ravi Shankar Rao  
Chayanika Bharadwaj  
Pramita Sengupta  
Ms. Eepsita Sarua  
Amina Ahmed  
Barsha Sensua  
Pinky Chetia

## Transportation & Accommodation

Jyoti Hazarika (Chairperson)  
Ankur Jyoti Borah (Convenor)  
Elamurugu M.  
Vikas Punia  
Suranjita Mazumdar  
Bipul Sharma  
Bikram Sutradhar  
Utpal Borah  
Sucheta Roy  
Fayaz Ahmad Paul

## Venue

Vijay Gogoi (Chairperson)  
Sandeep Kollipara (Convenor)  
Priyadarshee Abhishek  
B. Surchandra Sharma

Chanamthabam Padmini Roy  
Marinella Humstoe  
Nirmal Basumatary  
Manjul Bhattacharya  
Utpal Bora  
Robin Borkakoti  
Monaspika Das

## Food

Soumik Sengupta (Chairperson)  
Subhashish Nath (Convenor)  
Kunal Deb  
Indrajit Banerjee  
Gautam Kumar Nath  
Dhanjit Barkakoti  
Rini Gogoi  
Rituporna Dhar  
Rinki Ghosh

## Publicity & PR

Sonia Pereira Deuri (Chairperson)  
Jadab Phuken (Convenor)  
Jayanta Das  
Mrinal Sarua  
Mridul Sahariya  
Nibedita Sarkar  
Mrinal Basumatary

## Souvenir

Priya Saxena (Chairperson)  
Diptarup Chowdhury (Convenor)  
Vikas Punia  
Buli Nag Daimari  
Sabana N Islam  
Tama Dey

## Finance

Vijay Gogoi (Chairperson)  
Soumik Sengupta (Convenor)

## Cultural

Pradip Kumar Sarua (Chairperson)  
Kunjalata Gogoi (Convenor)  
Lakshyahira Borah  
Ananya Bordoloi







## Sub-Themes

- Use of Digital technologies in rehabilitation
- Assistive technology in psychosocial rehabilitation
- Vocational rehabilitation for people with severe mental illness
- Community-based rehabilitation services
- Evolving praxis in rehabilitation
- Lived experience and policy development in psychosocial rehabilitation
- Challenges for psychosocial rehabilitation services in India
- Family and psychosocial rehabilitation
- Cognitive rehabilitation in Mental Illness
- Role of the NGOs in Psychosocial Rehabilitation
- Innovative models in psychiatric rehabilitation
- Psychosocial rehabilitation for the vulnerable during the time of pandemic
- Psychosocial rehabilitation for persons with mental illness in Northeast India
- Mental Health of immigrants and refugees: Indian Scenario
- MHCA, 2017 in relation to rehabilitation of persons with mental illness
- Caregiving in geriatric mental health
- Maternal mental health and caregiving issues
- Rehabilitation in Substance Use Disorder

## Key Features

State-of-the-art lectures

Keynote presentations by renowned speakers

Paper presentations

Interactive sessions and symposiums

Hands-on workshops

Platform for networking and connecting with the global scientific community

## Five reasons to attend

1. **Opportunity** to attend the lectures/presentations of experts known worldwide in the field of psychosocial rehabilitation
2. **Learning** new frameworks and skills
3. **Excellent** networking possibility
4. **Discussions** with the experts in the interactive sessions
5. **Experience** the serenity and wildlife of Assam





  
Welcome To Tezpur:  
The City Of Eternal Romance

## LOCATION

Tezpur is located **approximately 180 km** in the northeast of Guwahati and has good connectivity with all the major districts of Assam. Guwahati is well connected with other parts of the country, via road, rail and air. And the city is also the most convenient way to reach Tezpur.

### **Guwahati to Tezpur**

**Via Road:** It takes approximately 4 hours to reach Tezpur from Guwahati by road, and is also the most convenient means to travel between the two cities as several road transportation services (bus, cab, shared taxies) are available. Bus services can be availed from the ISBT bus stand, Paltan-bazar bus stand, Jalukbari bus stand, and Khanapara bus stand in Guwahati. Cab services and shared taxies to Tezpur are also available at the airport and train stations.

**Via Air:** Tezpur can also be reached via air from Guwahati, however, flights are not available every day. Alliance Air provides air services on Sunday, Tuesday and Thursday, and the flight timing is 07.40 am (Guwahati) to 08.35 am (Tezpur).

**Via Train:** The nearest railway stations to Tezpur are Rangapara Junction (about 30 km), Silghat (about 25 km) and Dekargaon (about 10 km) railway stations. Trains to these railway stations can be availed from Paltan Bazaar and Kamakhya railway stations in Guwahati. Local transportation such as auto-rickshaw, e-rickshaw and taxi are available at these stations. Details on the availability of trains should be accessed on the IRCTC website (<https://www.irctc.co.in>).

For local transportation within Tezpur, auto-rickshaws and e-rickshaws can be hired.

### **Places to visit in around Tezpur**

The town harbours rich heritage of enchanting nature, history, archaeology, mythology and culture. Some must visit places of Tezpur are Agnigarh, Mahabhairab Mandir, Da-Parbatia, Bamuni Hills, Chitralekha/Cole Park, Maithan, Bhomoraguri/Kolia Bhumura Setu, Haleswar Temple etc. Nearby Tezpur, enchanting places to visit are Bhalukpong, Nameri National Park, Orang National Park, Kaziranga National Park etc.







# REGISTRATION TARIFF

## WAPR-IC Conference, March 2023

### LGBRIMH, Tezpur

- Registration is Mandatory for all participants.
- Students should produce a studentship certificate from the Head of their department at the registration counter on the day of the conference.
- Accompanying children below 5 years are exempted from registration.
- Only cash or Google Pay will be accepted during Spot Registration

CATEGORIES			1st March to Spot Registration
CAT 1	Member	Consultant and Faculty	Rs. 5000
CAT 2	Non Member		Rs. 5500
CAT 3	Member	Clinical Psychologists, PSWs, Psychiatric Nurses, Occupational Therapists	Rs. 4000
CAT 4	Non Member		Rs 4500
CAT 5	Students / Service users / NGO Personnel		Rs. 3500
CAT 6	Accompanying Person		Rs. 4000

*Registration amount includes the processing charges for online payment*

#### Registration Fee Includes

Registration Kit (not confirmed for spot registration), Participation in Scientific sessions, Lunch and Dinner.

**Registrations can be done either by scanning the QR code or through the link given below.**



#### Registration URL

<https://in.explara.com/e/wapric-lgbrimh>





## Accommodation

Campus Accommodation is limited and will be given on a 'first come first served' basis in the Alohi Ghor (Visitor's hostel) at a minimum charge as per the LGBRIMH rules. **To book please click here**

<https://forms.gle/cGJrXBYcWcx4yRdY6>

Here are the details of the best possible options for accommodations available in Tezpur. Please get in touch with the hotels for booking at the earliest. Further details on accommodation can be accessed through

[https://www.lgbrimh.gov.in/wapric\\_conference.html](https://www.lgbrimh.gov.in/wapric_conference.html)

Sl. No.	Name of the Hotel	Mobile Number	Email Id
1	The Greenwood Hotel, Tezpur	8811072216	<a href="mailto:om.gwt@thegreenwoodhotels.com">om.gwt@thegreenwoodhotels.com</a>
2	KRC Palace, Tezpur	7002948900	<a href="mailto:frontdesk@krcgroup.org">frontdesk@krcgroup.org</a>
3	Centre Point	9854000108	<a href="mailto:hotelcentrepont.tez@gmail.com">hotelcentrepont.tez@gmail.com</a>
4	Hotel Welkin Residency	9435590444	<a href="mailto:hotelwelkinresidency@gmail.com">hotelwelkinresidency@gmail.com</a>
5	LGBRIMH Visitor's Hostel	8825022855	<a href="mailto:talgbrimhconference@gmail.com">talgbrimhconference@gmail.com</a>
6	Prashanti Tourist Lodge	3712221016	<a href="mailto:touristlodgetezpur@gmail.com">touristlodgetezpur@gmail.com</a>
7	Heritage, Tezpur	8486034951	<a href="mailto:tezpurheritage94@gmail.com">tezpurheritage94@gmail.com</a>
8	Hotel Park	7896666205	<a href="mailto:hotelparktezpur@gmail.com">hotelparktezpur@gmail.com</a>
9	Hotel Palazzo	9957963542 03712- 222190	<a href="mailto:palazzoprime.tezpur@gmail.com">palazzoprime.tezpur@gmail.com</a>





## Programme Schedule

**Day 1: 17<sup>th</sup> March, 2023, (Friday)**

<b>8:00 AM onwards:</b>	<b>Registration</b>
<b>9:00-10:30 AM Plenary</b>	<b>Theme Symposium: Promoting Rights and Recovery in Mental Health</b> <b>Speakers:</b> <ul style="list-style-type: none"><li>• <i>Gabriele Rocca, Health Director of the 'Solaris', Social Enterprise, Professor at the Post Graduate School of Psychotherapy, Milan (AT Centre) Italy and President WAPR.</i></li><li>• <i>V. K. Radhakrishnan, Director, CNK Hospital (P) Ltd, Changanachery and Secretary General, WAPR</i></li><li>• <i>Murali Thyloth, Professor and Head, Department of Psychiatry, Ramaiah Medical College, Bengaluru and Immediate Past President WAPR</i></li><li>• <i>Alexander Smith, Director of Adult Mental Health Services at The Counseling Service of Addison County, USA</i></li></ul>
<b>10:30-11:00 AM Plenary</b>	<b>In Memoriam: Prof M. Sarada Menon-A Legacy in Psychosocial Rehabilitation</b> <b>Speaker:</b> <i>R. Thara, Vice Chairperson and Chair of Research, Schizophrenia Research Foundation (SCARF), Chennai</i>
<b>11:00-11:30 AM</b>	<b>Tea Break</b>
<b>11:30 AM-1:00 PM</b>	<b>CONCURRENT SYMPOSIA</b>
<b>Symposium-1</b>	<b>Theme: Different Models of Psychosocial Rehabilitation in India</b> <b>Speakers:</b> <ul style="list-style-type: none"><li>• <i>C. Ramasubramanian, Founder and Senior Consultant Psychiatrist, MS Chellamuthu Trust and Research Foundation, Madurai and President WAPR-IC and Regional Vice President, South East Asia, (WAPR)</i></li><li>• <i>Shashi Rai, Senior Consultant Psychiatrist and Chairperson, Richmond Fellowship Society (India)</i></li><li>• <i>R. Padmavathi, Director, Schizophrenia Research Foundation (SCARF), Chennai</i></li><li>• <i>Mohan K Isaac, Clinical Professor of Psychiatry, The University of Western Australia, Perth and Consultant Psychiatrist, Fremantle Hospital, Fremantle, Australia and Advisor, Medico Pastoral Association, Bengaluru</i></li></ul>
<b>Symposium-2</b>	<b>Theme: Rehabilitation in Northeast India</b> <b>Speakers:</b> <ul style="list-style-type: none"><li>• <i>Mintu Moni Sarma, Program lead, MITA (Mental Illness Treatment Alliance), the ANT, Bongaigaon</i></li><li>• <i>Dilip Goankar, Parivartan Trust, Tezpur</i></li><li>• <i>Nilesh Mohite, Clinical Head of Parivartan trust, Consultant and Trainer for MITA (Mental illness treatment in Assam), Consultant and Trainer for Ekjut (Jharkhand)</i></li><li>• <i>Lenin Rajkumar, Professor, Department of Psychiatry, RIMS, Imphal</i></li></ul> <b>Session sponsored by Mariwala Health Initiative</b>



<b>Symposium-3</b>	<b>Theme: Rehabilitation of Homeless Persons with Mental Illness</b> <b>Speakers:</b> <ul style="list-style-type: none"><li>• <i>G. Swaminath, Consultant Psychiatrist, Bengaluru, Chairman, Chitta Sanjeevini Charitable Trust, Karnataka</i></li><li>• <i>Bharat Vatwani, Psychiatrist, Founder Trustee and Chief Functionary, Shraddha Rehabilitation Foundation, Mumbai</i></li><li>• <i>Anjana Goswami, Founder, Director, Ashadeep, Guwahati</i></li><li>• <i>Maichel P. A., Founder and Director of Jyothinivas Charitable Society, Wayanad</i></li></ul>
<b>1:00-2:00 PM</b>	<b>Lunch</b>
<b>2:00-3:00 PM</b>	<b>Free Papers Presentations</b>
<b>3:00-4:00 PM</b>	<b>Inauguration</b>
<b>4:00-4:30 PM</b>	<b>Tea Break</b>
	<b>CONCURRENT WORKSHOPS</b>
<b>4:30-6:00 PM</b>	<b>Workshop 1: CBT in Psychosis- Augmenting Recovery Oriented Psychiatric Rehabilitation by Improving Insight</b> <b>Resource Person:</b> <i>Devvarta Kumar, Professor of Clinical Psychology, NIMHANS, Bengaluru</i>
	<b>Workshop 2: Psychosocial Rehabilitation with Industrial Workers</b> <b>Resource Person:</b> <i>Rachit Sharma, Head, Department of Psychiatry, Army Hospital, Tezpur.</i>
	<b>Workshop 3: Cognitive Deficits and Cognitive Remediation in Psychosis</b> <b>Resource Person:</b> <i>Lakshmi Venkatraman &amp; Subhashini Gopal</i>
	<b>Workshop 4: Adaptation of the WHO's Rehabilitation Competency Framework (RCF) in the Indian Context</b> <b>Resource Person:</b> <i>Aarti Jaganathan &amp; Mr. Ansur Farooq Khan</i>
	<b>Workshop 5: Caring for Carers: Creating a Network of Support</b> <b>Resource Person:</b> <i>Veenashree Anchan</i>
	<b>Workshop 6: Transforming Rehabilitation Landscape using the CFSR Model</b> <b>Resource Person:</b> <i>Srilatha Juvva</i>
<b>7:00 PM</b>	<b>Cultural Programme followed by Dinner</b>

**Workshops: Workshop participation is limited. Please give your preference for workshops at the earliest. Use the link below to register:**

<https://docs.google.com/forms/d/1Xsf7DYdxIXn3RHDFNnEkR8BPvu2IVebQyVF-YParyIM/edit>







**Day 2: 18<sup>th</sup> March, 2023, (Saturday)**

<b>8:00-9:30 AM</b>	<b>FREE PAPERS PRESENTATIONS</b>
<b>9:30-11:00 AM</b>	<b>CONCURRENT SYMPOSIA</b>
<b>Symposium-4</b>	<b>Theme: Legal Issues and Dilemmas in Psychosocial Rehabilitation (Vide MHCA, PWD)</b> <b>Speakers:</b> <ul style="list-style-type: none"><li>• <i>G. Gopalakrishnan, Professor Emeritus, Department of Psychiatry, MVJ Medical College &amp; RH, Bengaluru</i></li><li>• <i>H. Chandrashekhar, Professor and Head, Department of Psychiatry, ESIC Medical College, Bengaluru and Secretary, WAPR-IC</i></li><li>• <i>B. R. Ravi Shankar Rao, Chairman, Chittaprakasha Charitable Trust, CHITTADHAMA -Residential and Rehabilitation Centre for Homeless Persons with Mental Illness, H.D. Kote, and Editor, WAPR-IC</i></li><li>• <i>Priyaranjan Avinash, Associate Professor and in-charge, Department of Psychiatry, Himalayan Institute of Medical Sciences, Dehradun</i></li></ul>
<b>Symposium-5</b>	<b>Theme: Helping Families of Persons with Chronic Mental Illness</b> <b>Speakers:</b> <ul style="list-style-type: none"><li>• <i>Mathew Varghese, Senior Professor of Psychiatry &amp; Adjunct Professor, St John's Medical College, Bengaluru &amp; KMC, Manipal and Vice President WAPR-IC</i></li><li>• <i>Aarti Jaganathan, Additional Professor, Department of Psychiatric Social Work, NIMHANS, Bengaluru</i></li><li>• <i>Upasana Baruah, Assistant Professor, Dept. of Psychiatric Social Work, IHBAS, Delhi</i></li><li>• <i>Indira Sharma, Emeritus Professor, National Academy of Medical Sciences, New Delhi</i></li></ul>
<b>Symposium-6</b>	<b>Theme: The Role of Work in Recovery, Restitution and Rehabilitation of the Persons with Mental Illness: A Historical Account of the Asylums of India</b> <b>Speakers:</b> <ul style="list-style-type: none"><li>• <i>Sanjeev Jain, Senior Professor of Psychiatry, Dept. of Psychiatry (Retd.), and Ex-Dean, Behavioural Sciences, NIMHANS, Bengaluru</i></li><li>• <i>Alok Sarin, Consultant Psychiatrist, Sitaram Bhartia Institute of Science and Research, New Delhi</i></li><li>• <i>S. K. Deuri, Professor of Psychiatry and Director LGBRIMH, Tezpur</i></li><li>• <i>Priti Sridhar, CEO, Mariwala Health Initiative, Mumbai</i></li></ul> <b>Session sponsored by Mariwala Health Initiative</b>
<b>11:00-11:30 AM</b>	<b>Tea-break</b>
<b>11:30 AM-1:00 PM</b>	<b>CONCURRENT SYMPOSIA</b>
<b>Symposium-7</b>	<b>Theme: The Journey of Recovery Oriented Services (ROSeS) café at NIMHANS: Conceptualization, Current Status and Learnings</b> <b>Speakers:</b> <i>Sailaxmi Gandhi, T. Sivakumar, Kantadorshi Parashar, Nishanth K. N.</i>
<b>Symposium-8</b>	<b>Theme: Community Based Rehabilitation</b> <b>Speakers:</b> <i>R. Thara, Sachin Barbde, Binit Kumar Mohanta</i>
<b>Symposium-9</b>	<b>Theme: Mental Health of Immigrants and Refugees- Indian Scenario</b> <b>Speakers:</b> <i>Binu Mathew, Chitreka Sippy, Ch. Padmini Roy</i>



Symposium-10	<b>Theme: Integrating Knowledge and Methods of Neurosciences and Psychotherapy for Recovery in Mental Illness</b> <b>Speakers:</b> <i>Manisha Jha, Vibha Sharma, Sampa Sinha</i>
1:00-2:00 PM	<b>LUNCH</b>
2:00-3:00 PM	<b>FREE PAPERS SESSIONS</b>
3:00-4:30 PM	<b>CONCURRENT SYMPOSIA</b>
Symposium-11	<b>Theme: Pragmatics of Running a Psychiatric Rehabilitation Work Program in India</b> <b>Speakers:</b> <i>T. Sivakumar, Amrita Roy</i>
Symposium-12	<b>Theme: Social and Economic Inclusion of Persons with Mental Health Issues in India: Challenges and Gaps</b> <b>Speakers:</b> <i>Sushma Kumari, Sangeeta Gotewal</i>
Symposium-13	<b>Theme: Dementia-Friendly Hospitals: Insights for Implementation in the Indian Context</b> <b>Speakers:</b> <i>Sravani Gaddipati, Jyotsna Jain, Sharad Philip</i>
Symposium-14	<b>Theme: Community-Based Services in the Field of Child and Adolescent Mental Health</b> <b>Speakers:</b> <i>Kavita V. Jangam, Aasim Ur Rehman Ganie, Cathy Roshni</i>
4:30-5:30 PM	<b>CONCURRENT SESSIONS</b>
Symposium-15	<b>Topic: Transcranial electrical stimulation, its role in psychiatric rehabilitation</b> <b>Speaker:</b> <i>Nishant Goyal, Professor of Psychiatry, CIP, Ranchi</i> <b>Topic: EEG-Neurofeedback Intervention in Chronic Psychiatric Disorders</b> <b>Speaker:</b> <i>Jamuna Rajeswaran, Professor and Head, Clinical Neuropsychology &amp; Cognitive Neuroscience Centre, NIMHANS, Bengaluru</i>
Symposium-16	<b>Topic: Mental Health Initiatives at Paripurnata</b> <b>Speaker:</b> <i>Bidhan Chandra Chakrabarti, Honorary Secretary and Chief Functionary, Paripurnata</i> <b>Topic: Mental Health Initiatives at Satra</b> <b>Speaker:</b> <i>Nani Kumar Saikia, Executive Director, Satra, Sipajhar</i>
Panel Discussion	<b>Topic: Needs and Issues of Families of Persons with Mental Illness</b> <b>Panel Members:</b> <i>Aabha Rani Devi (Caregiver), Kamalakshi Agarwala (Caregiver), Ranju Begum (Caregiver), Bhaswati (Caregiver)</i> <b>Session sponsored by Mariwala Health Initiative</b>
4:30-5:30 PM	<b>Corporate Session</b>
5:30-6:30 PM	<b>Valedictory Function</b>
6:30 PM	<b>Tea Break</b>







# Welcome To Tezpur: The City Of Eternal Romance

