



Psychosocial Support in Disaster Management

An Online Certificate Course on Disaster Mental Health

(An joint initiative by Department of Psychiatry, Psychiatric Nursing, Clinical Psychology, Psychiatric Social Work & MEET LGBRIMH)

CURRICULUM

Background

This course on “psychosocial support in disaster management” is a blended learning program that combines both synchronous and asynchronous learning methods, targeting graduate from all disciplines who are interested in upgrading their knowledge and want to learn the basic skills of psychosocial support in disaster management. This course aims to provide basic knowledge and skillful learning on psychosocial support in disaster management. It will help create psychosocial caregivers among communities to provide psychosocial care services to the disaster-affected areas. This course will help to understand the psychosocial impact of disaster on humanity and how one can deal with disaster survivors and give them essential psychosocial support, normal and abnormal reaction to disaster, psychosocial first aid, and the availability of governmental policies.

Course Overview

This course is designed jointly by the faculties from the Department of Psychiatry, Psychiatric Nursing, Clinical Psychology, and Psychiatric Social Work of LGBRIMH as a four-week Certificate Course. It is an e-learning computer-based online program, largely self-taught, complemented with recorded online lectures, didactic presentations, comprehensive study materials, and case-based discussions.

Goals and Objectives

- Understand about disaster and its psychological and psychosocial impacts
- Enhance knowledge and preparedness for disaster and post-disaster recovery
- To create psychosocial caregivers among communities to provide essential psychosocial care services to the disaster-affected areas.
- To impart knowledge regarding government and nongovernmental facility and policies available for disaster management.



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Course Administration & Language

This Certificate Course, “Psychosocial Support in Disaster Management,” will be offered via the MEET LGBRIMH (Digital Academy) of Lokopriya Gopinath Bordoloi Regional Institute of Mental Health. The medium of instruction will be English.

Training Method

This blended training program has four weeks of total course duration, comprising 4 modules. There are 24 hours of self-paced e-learning content available along with Videos. Assignments will be provided after the completion of each module. There will be four interactive sessions in four week course.

Eligibility Criteria

Graduate in any discipline except the professional courses related to Health care. There is no barrier to age, place of work and specialty.

Overview of Course Content

Modules	e-Text	Video Lectures	Live Interactive Sessions
[1] Overview of Disaster and Psychosocial support	<ul style="list-style-type: none">• Disaster and it’s various types and phases of disaster• Impact of Disaster on mankind• Psychosocial support and Psychosocial intervention• Basic instruments of psychosocial intervention• Basic principles of psychosocial intervention	<ul style="list-style-type: none">• Introduction to Psychosocial Support	<ul style="list-style-type: none">• Didactic Lecture• Clarification of Doubts• Discussion of MCQs



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<p>[2] Psychosocial support and care for Disaster survivor:</p>	<ul style="list-style-type: none"> • Understanding psychosocial needs of disaster survivors • Normal and abnormal psychosocial reactions to disaster • Distress vs Disorder • Rapid and detailed assessment need of psychosocial support • psychosocial support intervention 	<ul style="list-style-type: none"> • Psychosocial support and Psychological first Aid 	<ul style="list-style-type: none"> • Didactic Lecture • Clarification of Doubts • Discussion of MCQs
<p>[3] Community based psychosocial intervention and psychosocial support for vulnerable groups following Disaster</p>	<ul style="list-style-type: none"> • Community based psychosocial intervention during different phases of disaster. • Emergency and relief phase • Rehabilitation and recovery phase • Preparedness and mitigation phase • Psychosocial support for some special groups –women, children, elderly, PWD 		<ul style="list-style-type: none"> • Didactic Lecture • Clarification of Doubts • Discussion of MCQs
<p>[4] Understanding disaster legislation and Disaster response authorities/policies available in India</p>	<ul style="list-style-type: none"> • Understanding disaster legislation • Disaster response authorities/policies available in India 		<ul style="list-style-type: none"> • Didactic Lecture • Clarification of Doubts • Discussion of MCQs

Course Completion Criteria

The following criteria are to be fulfilled to be eligible for the award of Certificate

Completion of All Assignments
+
At least 80% participation in Case-Based Discussion and Live Sessions

**A certificate will be awarded only to Course Completers.
No certificate for only Participation.**





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Course Fee: NIL

Team

Program Co-Ordinator: Dr. Juhi Gupta, Asst. Professor, Psychiatry
Course Co-Ordinator: Dr. Binita Talukdar, Asst. Professor, Psychiatry
Course Mentors: Dr. M Elamurugu, Asst. Professor, Psychiatric Social Work
Dr. Kunjalata Gogoi, Asst. Professor, Psychiatric Nursing
Mrs. Lakshyahira Borah, Clinical Psychologist

