WORKSHOP ON COGNITIVE BEHAVIOUR THERAPY FOR OBSESSIVE COMPULSIVE DISORDER

Continuing Rehabilitation Education Programme **(CRE-25121410293018)**

Reg. Fee: ₹ 1000 **12 CRE Points** **Mode: Offline**

About LGBRIMH

Established in 1876 as the "Tezpur Lunatic Asylum," the Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH) is a historic pillar of mental health in NorthEast India. Now an autonomous institute under the Ministry of Health and Family Welfare, Govt. of India, it serves as a premier tertiary care center dedicated to advanced clinical services, manpower development, and research in the field of mental health.

About the Department

Established as an independent department in 2002, the Department of Clinical Psychology offers comprehensive psychometric and psycho-therapeutic services.
The Department commenced its RCI-recognized M.Phil. in Clinical Psychology program in 2011, dedicated to producing skilled professionals through evidence-based practice and research.

About the Program

Cognitive Behaviour Therapy (CBT) remains the gold standard for treating Obsessive Compulsive Disorder. This CRE program aims to update professionals on its current protocols. The focus is on equipping Clinical Psychologists with actionable, evidence-based strategies for effective CBT-based interventions for OCD.

Resource Persons

Dr. Paulomi M. Sudhir
Professor, Dept. of Clinical Psychology, NIMHANS, Bengaluru

Dr. Manjula M.
Professor, Dept. of Clinical Psychology, NIMHANS, Bengaluru

Dr. Mahashweta Bhattacharya
Assistant Professor, Dept. of Clinical Psychology, CIP, Ranchi

On **19th & 20th January 2026** at the Department of Clinical Psychology, LGBRIMH, Tezpur
Additional details to be updated soon.

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For Registration, Go to *https://rciregistration.nic.in/rehabcouncil/CreCalendarnew.jsp* & search for **'AS004'**