



Department of Clinical Psychology

proposes

Certificate Course in Cognitive Behaviour Therapy

CBT

An Online Certificate Course

Course Co-ordinator

Dr. Vikas

Assistant Professor

Department of Clinical Psychology

LGBRIMH, Tezpur



**An Initiative by the Department of Clinical Psychology,
LGBRIMH, Tezpur**

"We cannot solve our problems with the same thinking we used when we created them." - Albert Einstein.

Objectives:

- To acquire basic knowledge about cognitive behaviour therapy domains.
- To attain CBT specific skills for different psychological problems.

Eligibility for fellowship program: Students pursuing or completed Master's degree in Psychology/ Clinical Psychology from a recognized university.

Duration of the course: Six Weeks

Assessment Overview: Each participant will be assessed under the following heads for completion of the course and certification

- Submission of assignments after each module
- Participation and discussions in live online sessions
- Score in the final assignment

How to apply?

Candidate needs to send an application to the following **Email ID:**
cp@lgbrimh.gov.in

Outcome:

- It will enable the students to acquire basic knowledge of CBT.
- It will also help them to acquire CBT specific skills and apply them in the context of basic psychological illnesses.