



BASIC MENTAL HEALTH CARE

An online certificate course on mental health

By

Department of Psychiatric Nursing, LGBRIMH

Course overview

This course Basic Mental Health Care is an online certificate course designed to help the stakeholders like (NGO's, Volunteers, and village head and Community leaders) to understand the basic aspects of mental health, hygiene, and care throughout the life span. The course is prepared to strengthen the knowledge of these stakeholders who work in close proximity to the general population to further understand the mental hygiene aspects and care, to sustain and promote the mental health of the population throughout the life span.

Eligibility criteria

NGO'S, Primary School Teachers, Village Health Volunteers, Village Heads, Community leaders, ASHA workers, and Anganwadi workers.

Objectives

The objectives of the course are to

- To understand the concepts of mental health and hygiene, mental health promotion
- To understand the factors for promotion of mental health across ages
- To discuss mental health promotion across life stages

Training Method

This is an online training program. Total duration of the course is for two months, comprising of three modules through Google classroom and Zoom Online lectures.

Medium of Instructions

In Assamese

Course Completion Criteria

The following criteria are to be fulfilled to be eligible for the award of Certificate

Participation of 100% in Video conference based discussion

+

A score of $\geq 50\%$ in the FINAL ASSIGNMENT

Assignments would be in the form of multiple choice questions

****No Participation certificate will be given, only Course completion certificate will be awarded for course completers****

Course Fee No Course Fee

Kindly register in the following link below

https://docs.google.com/forms/d/e/1FAIpQLSfgTbMi7H0Aq80njRixobwuBUDU1SPr0wfz6F4WL3q_LRG6aw/viewform?usp=sf_link

or

Scan



Team

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2. Mr. Sandeep Kollipara, Nursing Tutor, Course Coordinator
3. Dr. Pallavi Talukdar, Nursing Tutor, Course Coordinator.