

CERTIFICATE COURSE IN WOMEN'S MENTAL HEALTH

Meet LGBRIMH (Digital Academy)

For details visit www.meetlgrimh.in

Overview: The women are always in the need for additional mental health care considering the physical differences, gender specific life events, socio-economic status etc. However, due to lack of trained professional, the specific mental health care for women is still in dream. The LGB Regional Institute had initiated a three months certificate course to promote the mental health and prevent mental health issues and deliver the essential mental health services to the needy women in the community.

Eligibility for the course: Graduate of any stream from recognized university. Preference will be given to the medical professionals, nurses, psychology graduates, social workers.

Medium of Training: English

Mode of Training: Blended (Online training for theory and Offline practical training)

Duration of Course: 3 Months

Session/Batches: Two batches per year –Session1: April to June and Session 2: August to October

Number of seat: 6 to 10 (Minimum 6 are required to start the course)

Admission Process: Admission notification will be published in the institute website on due time. The Applications will be sorted based on the selection criteria and selection intimation will be sent to the applicant.

Certification: On successful completion of the requirements, the candidate will be provided certificates from the Institute through E-mail.

Evaluation Process: Each participant will be assessed on the following domains.

- Candidate needs to present one Seminar.
- Candidate needs to present one Case Conference.
- Candidates needs to submit at least one Written assignment
- Exam will held at the end of the course in the form of viva voce.

Learning Outcome: After successful completion of the exam the candidates will be able to

- Identify the needs of women's psychological health.
- The course will enable them to formulate management plan of mental health issues of women.
- The candidate will be able to manage psychosocial issues faced by women.

Course Description: The course will have the following eight modules.

Module-1	An overview of women mental health (including anatomical, physiological and psychological differences of the female gender)
Module-2	Status of women in society from different cultural and ethnic background with special focus on the different psychosocial issues faced by them
Module-3	Common mental health issues faced by adolescent females and adults (including personality disorders, eating disorders, self harm)
Module-4	Mental health issues faced by women during their menstrual cycles, pregnancy and lactation period
Module-5	Mental health issues in women with other medical comorbis conditions
Module-6	Mental health disorders in female survivors of trauma, violence and assault
Module-7	Women empowerment, Premarital and marital preparation and counseling
Module-8	Legal aspects in relation to women's mental health

Course Coordinators:

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Dept. of Psychiatric Nursing

Dr. Vikas, Assistant Prof

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Dr. Juhi Gupta, Assistant Prof.

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