

## CURRICULUM VITAE

Name: **DIPTARUP CHOWDHURY** (he/him)

Designation: Associate Professor of Clinical Psychology

Institution: Lokopriya Gopinath Bordoloi Regional Institute of Mental Health, Tezpur, Assam, INDIA

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### Educational qualifications:

Course	Name of Institute	Awarded in
<b>Ph.D. in Clinical Psychology</b>	National Institute of Mental Health & Neuro Sciences (NIMHANS), Bengaluru	2016
<b>National Eligibility Test for Assistant Professor</b>	University Grants Commission, New Delhi	2013
<b>M.Phil in Clinical Psychology</b>	NIMHANS, Bengaluru	2004
<b>M.A. in Psychology</b>	University of Delhi, Delhi	2002
<b>BSc. (Hons) in Psychology</b>	University of Calcutta, Kolkata	2000

### Professional Experience:

Position	Institution	From	To	Nature of Experience
<b>Associate Professor</b>	LGBRIMH, Tezpur	Sep 2021	present	Faculty-Consultant in Clinical Psychology
<b>Assistant Professor</b>	LGBRIMH, Tezpur	Nov 2014	Aug 2021	Faculty-Consultant in Clinical Psychology
<b>Ph.D. Scholar (Research)</b>	NIMHANS, Bengaluru	Nov 2012	Oct 2014	Thesis: Positive mental health: Exploring salient dimensions and developing interview-based assessment measure
<b>Senior Research Fellow</b>	Positive Psychology Unit, NIMHANS, Bengaluru	May 2010	Oct 2012	ICMR project: Mental health promotion in college youth: Development and controlled trial of a promotive intervention module
<b>Lecturer</b>	Dept. of Psychology (PG), Christ University, Bengaluru	Jan 2005	Mar 2010	Post-graduate faculty teaching master's programs in Clinical and Counselling Psychology

**Specialized trainings received:**

Area	Organization	Nature of training
<b>Narrative therapy and supervision</b>	Ummeed Child Development Centre/Narrative Practices India, Mumbai	Multiple short-term course series (since 2016)
<b>Peace-building and Arts</b>	Mindanao Peacebuilding Institute Foundation, Philippines	Short-term online course (2020)
<b>Interactive theatre</b>	Centre for Community Dialogue & Change	Short-term (since 2019)

**Additional work responsibilities:**

Designation	Place	Roles
<b>Coordinator (In-charge)</b>	Youth Wellness HUB, LGBRIMH	Plan and execute in-campus and out-reach youth-engagement programs in mental health and wellbeing <a href="https://m.facebook.com/LGBRIMH/?ref=bookmarks">https://m.facebook.com/LGBRIMH/?ref=bookmarks</a>
<b>Coordinator, Psychotherapy &amp; Counselling training programs</b>	Department of Clinical Psychology, LGBRIMH	Plan and supervise Psychotherapy training programs for trainee clinical psychologists
<b>Online Course Coordinator</b>	Online Courses on Youth Mental Health	Design and implement short-term training courses for Psychologists/others
<b>Project Coordinator</b>	Tele-Psychotherapy Services, LGBRIMH	Plan and execute video-conference based tele-psychotherapy services for patients of LGBRIMH
<b>PhD Guide</b>	Faculty of Medicine & Allied Health Sciences (Gauhati University)	Supervise original research in the discipline of Clinical Psychology
<b>Research Advisor &amp; Steering group member of international project</b>	Guwahati/Assam based research project ('The Big Picture') of University of Leeds, UK	Review and advise the core research team of UoL-UK about the progress of the research work (Oct-2018 till early 2022)
<b>Guest faculty</b>	Narrative Practices India, Mumbai	Provide training and supervision to students enrolled in online international diploma program in Narrative Therapy

**Areas of Research & Practice Interest:** Youth mental health & well-being, Qualitative research, Psychotherapy and society, Public mental health, Narrative therapy

Total number of **M.Phil. Research guided** (since 2016): 15; **PhD Research Guide: 01** (2021 Jan onwards)

**Relevant publications:**

1. **Chowdhury, D.**, Raguram, A., & Mehrotra, S. (2019). Contours of Positive Mental Health: An Exploratory Delphi study from India. *Behavioral Sciences*, 9(7), 66 <https://doi.org/10.3390/bs9070066>
2. Jaiswal, S., Saxena, P., **Chowdhury, D.**, & Abhishek, P. (2020). Effectiveness of brief executive functions-based cognitive remediation in inpatient males with schizophrenia. *Indian Journal of Social Psychiatry*, 36(1), 87-90
3. Mehrotra, S., Elias, J.K., **Chowdhury**, & Gupta, A. (2013). Feeling Good & Doing Well: Development of a Mental Health Promotion Program for Youth. *Psychol Stud* 58, 54–57. <https://doi.org/10.1007/s12646-012-0176-4>